

Canyon REO's Favorites Sample Menu

Early Camps

Dinner

Grilled Steak and Salmon

Spinach salad with mushrooms, red onion and tomatoes
Baked potatoes
The Cheesecake Factory cheesecake

Chicken & Veggie Fajitas

Guacamole and chips
Mexican rice and flour tortillas
Strawberry yogurt pie

Middle Camps

Pesto Pork Chops

Greek salad with feta cheese and Greek olives
Tomatoes and zucchini sauteed in pesto sauce
Orzo
Pineapple upside down cake

Jambalaya with Spicy Sausage, Shrimp, and Chicken

Tomato Creole
Peach cobbler

Late Camps

Tamale Pot Pie and Cornbread

Black bean dip and chips
S'mores

Creamy Chicken and Dumplings

Brie cheese appetizer
Brownies

Breakfast

Launch Day Continental Breakfast

Coffee cake and fresh fruit
2 kinds of granola
Yogurt and milk
Coffee, tea, hot cocoa, juice

Lox and Bagels with Capers and Cream Cheese

Onion, cucumbers, tomatoes, lemons
Fresh fruit and frozen juice
Coffee, tea, hot cocoa

Fresh Fruit Salad with Yogurt and Granola

Fresh melons and pineapple tossed with yogurt
Two kinds of granola
Coffee, tea, hot cocoa

Blueberry Pancakes with Sausage

Fresh fruit, frozen juice
Coffee, tea, hot cocoa

Eggs, Bacon, & Hashbrowns

Canned fruit, powdered drinks
Coffee, tea, hot cocoa

Eight Grain Cereal

Dried fruit and nuts
Coffee, tea, hot cocoa

Huevos Rancheros

Canned fruit, powdered drinks
Coffee, tea, hot cocoa

Lunch

Launch Day Deli Lunch

Deli meats and cheeses
Seasonal fruit and fresh veggies
Condiments, peanut butter and jelly
Trail mix, cookies, frozen juice

Hummus and/or Turkey Pockets

Pre-made hummus, deli turkey, cheese
Fresh fruit, carrot sticks, frozen Juice
Cukes, lettuce, onion, tomatoes

Veggie and Cheese Pitas

Appetizer spread, fresh veggies
Fresh fruit, cookies, frozen juice

Turkey Burritos with Flour Tortillas

Turkey, jack and cheddar cheeses
Refried beans, black olives, salsa
Lettuce, avocados, red onion, tomatoes
Cookies, lunch drink

Deli Lunch

Deli meats, cheese, veggies
Fresh fruit, cookies, lunch drink

Chicken Salad Wraps

Fresh fruit, cookies, lunch drink

Take-out Lunch

Brought by Canyon REO drivers